

For almost 20 years I have represented the great people of Geelong, first elected in 2002 as Member for Geelong Province in the Legislative Council, and later from 2006 as the Member for Lara in the Legislative Assembly.

Over two years ago, I was diagnosed with Parkinson's disease. This diagnosis, along with challenges brought about by the COVID pandemic, has made me place a greater focus on my health and wellbeing and that of my family and friends, to value the ability to spend quality time with them.

It was with sadness I decided not to contest the 2022 State Election. When we come to the end of this term of Parliament in November, I feel that will be the time for me to step away and spend my time pursuing other things.

My story is an example of the opportunities that this country can create for migrants to our great State. I arrived in Melbourne from Turkey with my parents as a child. I grew up in high rise commission flats in North Melbourne. English was a second language, but I learnt it quickly and I worked hard to fit into Australian culture, whilst also being mindful of my heritage and background.

I worked on the production line at Ford. I was elected as a union delegate at the age of 22 and represented hundreds of workers for the Vehicle Builders Union. During my time in Parliament, I have had many roles, with my greatest honour being to serve as Minister for Tourism, Major Events, Sports and Veterans in the 58th Parliament of Victoria. I am proud of all the accomplishments and legacies in each of those portfolios.

I am also proud of my Labor values and my advocacy for the good people of Anakie and Geelong. We have achieved many things for the region during my time, and for that I am both proud and grateful.

I am proud of the work we have done right here in Anakie. We have seen over \$287,000 go to Anakie Primary School, over \$58M to improve roads in and around Anakie and over \$350,000 to Anakie Football Netball Club.

Importantly, I need to thank the people of Anakie and the wider Lara electorate for electing me time and time again as their Member of Parliament; it is an honour that I have never taken for granted and one that has always been dear to my heart.

It's never easy to take a step back, but I am confident in the ability of the new candidate for the Labor Party at the next election, Ella George. Ella is already working hard in the community and I know, if elected, she will be a fantastic voice for the people of Anakie and the wider Lara community.

Until the November State election, I will continue to strongly represent the great people of the Lara electorate and I will be working hard each day to ensure we continue to achieve great things for our community.

Thank you to Heather and her team at Anakie Community House for their great work within the community and thank you to the whole Anakie community; it has been my honour to work alongside you over the years to advocate for this wonderful town.

Anakie Advocate

August
2022

Anakie Community House 2115 Ballan Rd Anakie 3213
office Monday 10-4.30pm Tuesday 1-4pm Wed-Thu 11am-4.30pm
phone/fax 5284 1359 email anakiehouse@talmoi.com

Olga Highstead

recently undertook a DNA test. She received fascination results, which she shared recently at a lunch and talk at the community house. She brought along photo and documents and discussed various aspects of her story, including her family's emigration to Australia in 1949. Olga's DNA results showed the following heritage: 55.7% Baltic; 31.5 Eastern European and 12.8 Balkan. Another speaker will attend this month - see page 7.



Visit by John Eren, State Member for Lara and new candidate, Ella George - page 13.

See back page for a little about John's time in the Victorian Parliament..



For Maureen

The **Anakie Advocate** is printed monthly. Distribution covers **Anakie, Balliang, Maude, She Oaks, Staughton Vale and Steiglitz**. Submissions for next issue must be submitted by **15 August**. Proudly printed by **John Eren, State Member for Lara**. Anakie & District Community Group has no affiliation with any political party.

Anakie and district church services



St Bridgid's Catholic Church:
Ballan Rd Anakie. Mass times 11am
Sundays fortnightly. ☎ 5286 1230
Anglican Church: St Georges,
Balliang. Vicar: vacant.
Services: 2nd Sunday 10.30.
Communion, 4th Sunday 9am
morning prayer. ☎ 5367 5362.
Uniting Church: Thelma Ross
Memorial, Parwan Sth. Diane
☎ 5367 3097. Services suspended.
Lara Uniting Church: Cnr Flinders
Avenue/Forrest Rd. Lutheran public
divine service 3rd Sundays 1.30am.
☎ 5278 2443.

The *Anakie Advocate* is published monthly by **Anakie & District Community Group** (ABN 59 938 073 014; Inc. # A1477P).
Letters and articles must include names and addressed (these will be withheld upon request).
Submissions will be published in the next issue, space permitting.

advertising costs
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12 x 1/8th page \$60; 12 x 1/4 page \$120, 12 x 1/2 \$220; 12 x full \$360.
Advertising assist with publication costs.

wildlife shelter

Sandi Murdoch

CARE OF INJURED & ORPHANED ANIMALS



5284 1380 all hours

Anakie Hall available for hire
Community house
5284 1212
or Ray 5284 1212
0408 528 412

Anakie Fire Brigade News



Captain David Walter
ph: 0401 956 683

Secretary Carol Brislane
ph: 0438 893 197

Modern furniture seems designed to burn: a modern room allows you only 3 minutes to exit rather than 30 min allowed by Grandma's old 1950's coir furniture (<https://dysart-law.com/building-materials-and-furnishings-in-the-modern-home-have-increased-the-dangers-of-fires/>) or 17 min allowed by Mum's furniture 30 years ago (NBC News, Today Show, Rossen Report, 14 Jan 2016: Newer homes and furniture burn faster). In addition, modern furniture emits nasty poisons which were unheard-of in Dear Old Granny's time. So much for progress!

The CFA website (<https://www.cfa.vic.gov.au/plan-prepare/fires-in-the-home/smoke-alarms>) lists some less-fun facts as below:

Although most home fires start in the kitchen, most fatal fires start in bedrooms or lounge.

Most fatal fires start at night. When asleep, you do not respond to smell.

Few children wake to a fire alarm.

Therefore, interconnected alarms should be installed between bedrooms and lounges, with additional alarms in each bedroom. Alarms should be replaced every 10 years.

Victorian houses built after August 1997 need 240V alarms professionally installed. Older houses may use wireless alarms which need to be "paired" via bluetooth. Specialised smoke alarms are available for the deaf. For a life-threatening emergency, call **000**. Out of mobile service area, call **112**, which details your whereabouts to assist call-takers.

Ben Herholdt
Anakie Fire Brigade

All vehicles to be functionally checked and run approx 30 kllms. If you cannot fulfill the roster, please find a replacement.



Aug	Tanker 1	Tanker 2	Anakie FCV	Ultra light	Station
7	P Carroll	N Giacometti	R Hodges	C Ellery	R Burns
14	M Primmer	G Hodges	J Primmer	R Burns	C Ellery
21	D Walter	J Sanders	M Couch	K Couch	B Herholdt
28	I Macdonald	A Jones	L Hodges	S Hill	D Herholdt

John Eren MP
STATE MEMBER FOR LARA

Contact my office for State Government matters

Funded from the Parliamentary Budget

Level 1 Corio Shopping Centre Bacchus Marsh Rd Corio 3214
p: 5275 3898 f: 5275 3472 e: johneren@parliament.vic.gov.au
facebook: John Eren - State Member for Lara t: @johnerenmp

Anakie Community Garden

Monthly social gathering last Friday of month 10am to 12 noon

email: Helena.lindorff@bigpond.com
anakiecommunitygardenwordpress.com

Local organisations contact details

Anakie CFA	Adam 0401 886 567
Anakie Football & Netball Club	Heath 0418 138 112
Anakie Community House	Heather 5284 1359
Anakie General Store/Post Office	Ruby/Andrew 52841 177
Anakie Hall	Ray Tucker 5284 1212
Anakie Primary School	Secretary Karen 5284 1291
Anakie Primary School	Principal Louise 5284 1291
Balliang District Rural CFA	Andrew 0419 186 955
Balliang Memorial Hall	Steve 0400 419 024



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www.fobr.org.au for events, park walks & info and newsletters.

Do you have weed problems?

If so, hire **Brisbane Ranges Landcare's spray trailer with 2 hand guns a boom spray** and a **500 litre tank - \$25 a day**. Call **Chris on 5369 4214**



Condolences



Sharron, Samantha & Daniel, and families, on the passing of your dad, **Ronald Barwise**, a long-time Anakie resident.

David, Richard, Jeff and Glen Purnell and families, on the very sad loss of your wife and mother, **Beverly**, a good friend to many at Anakie Community House, in particular members of the book group. Bev's wisdom, knowledge and input will be greatly missed.




Geelong regional mobile library bus visits

Anakie fortnightly on Tuesdays from 2 to 4pm.

Next visits: 9 & 23 August.

Anakie & District Community Group



Tuesday 20 September at 7pm

Nomination forms to join this progressive committee will open from **31 August to 14 September**. Guest speaker to be confirmed.



Anakie Football/Netball Club

Scrap Metal Collection

Saturday 27 and Sunday 28 August

Anakie Recreation Reserve, De Mott's Road

For information, contact President, Heath via email: heathmenhennet@maxitrans.com.au

(All batteries welcome at Anakie Community House - leave near garage)



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Anakie



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Roaming dogs - do you know?
 Farmers can legally shoot a dog on their property if they have reasonable belief the dog is attacking their livestock and is not accompanied by an owner.
 Ensure your dogs are in a secure environment 24/7.

SCHOOL HOLIDAYS
Tuesday 20 September
 from 2 to 3.30pm
 A free fun activity at **Anakie Community House** run by **Geelong Regional Libraries**. See the next edition for bookings and session details in the next edition.



John Eren, state member for Lara and new candidate, **Ella George** will attend **Anakie Community House** on **Saturday 27 August** between **12 noon and 1pm**. Residents are invited to call in to discuss any local issues or concerns with John and/or Ella.

Defibrillator available 24/7.
 Located on the way at the front entry



Free loan
 Wheelchairs, walkers, toilet & bath seats, crutches, moonboots and a commode.



The Friends of Brisbane Ranges Annual General Meeting
Sunday 14 August 10am
Anakie/Staughtonvale Hall 55 Staughtonvale Road
 Agenda: AGM 10am-11:30am. Mini-break with refreshments. Presentation from guest speaker 12noon - 1pm. After 1pm we leave the hall for lunch and walk in the park. We may even look for koalas at Anakie Gorge!
 BYO lunch and gear suitable for the weather on the day.





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Health News & More

Pneumonia: an infection of the lungs caused mostly by bacteria or viruses but it can be caused by fungi, too. It can present as either a mild or quite serious illness and can be life-threatening in babies, young children and older adults, 60+. The most common symptoms are a cough, high fever, difficulty breathing and lethargy. Pneumonia can present by itself or as a further complication of other respiratory illnesses, e.g. Covid, Influenza. Bacterial pneumonia can be treated with antibiotics however the viral form of the disease cannot. Oxygen therapy may also be required in serious cases. As pneumonia is often a complication of other respiratory conditions, it is advised that vulnerable groups have a yearly flu vaccine. There are pneumonia vaccines available in Australia so it is a good idea to talk to your GP if you suffer with a chronic lung condition, are prone to chest infections, colds or influenza and if you have co-morbidities like asthma or you are a smoker. In recent years the pneumonia vaccine schedule has changed so even if you have had a vaccine some years ago, check with your GP to find out if you need a further vaccine. www.health.gov.au

carole@anakienaturaltherapies.com.au



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- Penrite SE Green Keepers 2 stroke oil 2.5L \$21
- Penrite GEAR OIL 140 Mineral Gear 1L \$15.00
- Penrite HPR10 10W-50 Engine Oil 5L \$49.50
- Penrite Marine 4 stroke 10W-30 mineral 5L \$43.80
- Penrite HPR Diesel 10 10-W engine oil 10L \$88

Call or email for other oils

Mondays

Playgroup for all-ages
anytime to suit sleeping
patterns **9.30am - 12.30pm**



Great venue for
young families to
meet. Gold coin
appreciated.



Music with Greg

**First Monday of every second
month at 2pm.**

Song books
and afternoon
tea provided at
these social
afternoons.



Next: Monday 3 October.

Wednesdays

**Myotherapy/
Massage
Third**



**Wednesday of
month by appointment**
**Sandi is an experienced
therapist. Places book out
quickly. Next: Wednesday
17 August/21 September.**

**Community lunches
12.30 to 1.30pm**



BYO from home or
buy a tasty lunch from
Anakie General Store
and enjoy good company. Tea/
coffee provided. No cost.

Tuesdays

Yoga 9.30 to 11am

Perfect way to start
your day. Yoga
helps retain fitness
and stretch. Never
tried? Come and
give it a go.



Restarts for **term 3
on 16 August.**
Tutor: **Glenda.**

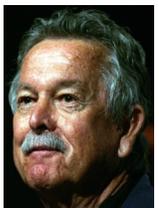


**3 & 4 year old activity group
-11.30am to 1pm.**

Ideal for children due to start
kindergarten the next year. Play,
share, sit together over lunch,
then enjoy an activity, all
supervised by Nareen and
Heather. Twice per term, there
are visits to Anakie Primary
School for story-telling and an
activity by the prep teacher.

Art 1.30 to 3.30pm

A group of locals
who support and
encourage each
other. All welcome;
you don't need to be
as good an artist as
the likes of Ken Done.



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locally as "The Anakie Experts",
which is certainly true. Our house
was only open for inspection on the
one occasion, multiple offers were
made and one accepted in one
week, which was a great result for
us.

Mario & Jean



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Wednesdays

UnFinished Objects (UFOs)
1.30 to 3.30pm



A group of ladies who get together to work on patchwork, knitting, sewing or any other crafts. Good company with afternoon tea provided. \$2.

Fridays

Pilates 9.30 - 10.30am

Small group sessions. Ring **Kevin** for details
0408 960 876.



This month



\$5 lunch with guest speaker. Monday 29 at 1pm. Book by Wednesday 24.

Use some power tools!

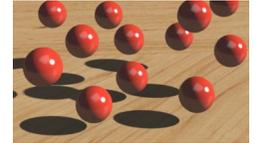
Learn how to use a **wood burner**, a **drill** and a **Dremel** to make a nice cheeseboard. **\$5**, includes after-noon tea. **Tuition & materials provided by Bunnings.**



Thursdays

Indoor bowls first **Thursday** of the month **10am - 12.30pm**

Improve your skills, while having a lot of fun. Morning tea break - \$5.



Anakie Hall. Next: **1 September.**

Hairdressing - appointments between 10.30am - 2.30pm

Ladies cut & blow-dry or shampoo & set \$35; men's cuts \$25; students and pre-schoolers cuts. Foils, perms available.



Bookings: **5284 1359**

Book/discussion group third Thursdays at 2pm



Bring a book or chat **face-to-face** about films, current affairs or any topic you like. **Thursday 18.**

Bring a book or chat **face-to-face** about films, current affairs or any topic you like. **Thursday 18.**

Scrabble last Thursdays at 1pm



Helps to improve concentration and memory. A prize for the longest or shortest word/highest or lowest score (randomly selected each month). Afternoon tea provided. \$2.

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Anakie rainfall as recorded by

Cambria Parkinson

June 2022
total rainfall: 44.5 ml
Days of rain: 18

July 2022
total rainfall: 34.5 ml
Days of rain: 17



Kev the carpenter (local)

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IF YOU FIND SOMEONE UNCONSCIOUS REMEMBER THE RECOVERY POSITION

First Aid Course

Full course or CPR update only. **Monday 15 at 4.30pm** (CPR only \$75 or part 1 of full course) and **Wednesday 17 at 5.45pm** (full course = \$165 for both sessions). You need to complete an on-line theory prior to the first session, then the certificate has to be emailed to the tutor. Full details at community house, 'phone: **5284 1359** email: anakiehouse@talmoi.com.au.

\$250 Power Saving Bonus Program

Every Victorian household can submit one application. Visit the **Victorian Energy Compare** website to submit an application. If you do not have access to a computer, call the VEC helpline on **1800 000 832** or receive help from a Community Outreach Partner - Anakie Community House can do this. You will need to bring a recent electricity bill and your bank details (not required if you are happy to receive a cheque). The program runs until **30 June 2023**.




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